

Who I Am

I am a child of God. (John 1:12)

I was made by God. (Eph. 2:10)

I was God's idea. He thought of me and created me. (Psalm 139:16)

I am chosen by God and dearly loved. (Col. 3:12)

He loves me so much he made me his child. (1 John 3:1)

I am forgiven and God does not remember my sin anymore. (Jer. 31:34)

I am complete in Christ. (Col. 2:10)

I am Christ's friend. (John 15:15)

I am the righteousness of God. (2 Corinthians 5:21)

I am the light of the world, a city on a hill which cannot be hidden. (Matt. 5:14)

I am a member of a family. (1 Corinthians 12:27)

I am a citizen of heaven. (Phil. 3:20)

What This Means for my Life

I can boldly and confidently approach Father God and talk to him. (Eph. 3:12)

God does not give me a spirit of fear (that is from Satan) but He does give me power and love and a sound mind. (2 Tim.1:7)

Nothing can separate me from His love. (Romans 8:36-39)

Jesus is not ashamed of me. (Hebrews 2:11)

The good work that He has started in me will be completed. (Phil. 1:6)

I am strong in the Lord and in His mighty power. (Eph. 6:10)

I am promised eternal life. (1 John 5:11-12)

The same Holy Spirit lives in me that raised Jesus from the dead. (Romans 8:11)

I am not moved by what I see with my eyes. (2 Corinthians 4:18)

Troubles do not separate me from God's love. (Romans 8:35)

I have the mind of Christ. (1 Corinthians 2:16)

I can do all things through Christ who strengthens me. (Phil. 4:13)

There are many ways that this could be a helpful tool. One way is just to read a verse a day and let it soak into your heart. Another way is to read through the list and identify the truths that are harder to believe about yourself. If you find one that seems hard to believe it is good to stop and repent for not believing God's word is true and ask the Lord to help you understand what the lie is that you have believed about yourself. The goal is to not have one single thought about ourselves that is not His thought. We want to think of ourselves in the same way God thinks about us. If you are helping a child through these then you could look at a verse a day and encourage them to break down what each verse means. You will often be amazed at how easy it is for children to believe the Lord!